

**WINDSOR, ASCOT,
MAIDENHEAD,
SLOUGH & LANGLEY**

Alzheimers ●
Dementia ●
Support ●
Local support and guidance

NEWSLETTER JULY 2017

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Dear All,

"Hello everyone and a very warm and sunny welcome to the latest edition of our 'ADS' Newsletter. It has been another busy month with many fun activities delivered for you to enjoy. As you know, in order to assist us in our work, we regularly benefit from the hugely appreciated financial support from various sources. A great example of this is that recently we received the proceeds resulting from a highly successful Annual Holyport Village Fair, which took place in the blazing sunshine on Sunday 3rd June. Many thanks on behalf of everyone at 'ADS', the People with Dementia, their Carers and their Families we support and will benefit from this tremendous act of generosity – to all of those Holyprt villagers who helped to make this such a roaring success, we humbly thank you. We at 'ADS' are very fortunate to be recognised for the work we do within the Local Community and this is reflected in the many acts of generosity which assist us. The level of thrust placed in 'ADS' that we will use every penny donated to directly help those many people who we support, is deeply embedded in our ethos and you can be assured, we will continue to earn this confidence. Have a great month.

With very best wishes

David

David D Jannetta
Voluntary *Chairman & Managing Director*

Forthcoming Events

Singing for Pleasure on Fridays have moved to Ascot (Page 4)

Dementia Awareness Training (Page 7)

Fish & Chip Supper (Page 6)

Week-end Break at Hayling Island

Boat Trip with Edwardian Tea – Wednesday 13th September (page 6)

● DROP-IN CENTRES

Information, Advice & Support

Come in and have a tea or a coffee and a friendly chat. Advice and information is available on all aspects of dementia. Private one to one talks are also available.

Maidenhead

We meet **each Monday and Thursday excluding Bank Holidays.**

Our Drop-In's take place at:

High Street Methodist Church, King Street, Maidenhead. SL6 1EF.

Top of Maidenhead High Street.

Mondays 10am to 12.30pm

Thursdays 10am to 12 noon

Slough

The Drop-In Centre at the Kingsway United Reformed Church, Church Street, Slough SL1 1SZ is open on the 2nd & 4th Tuesday of each month from 10am to 12 noon.

In July we will meet on 11th & 25th July.

Langley

The Drop-In Centre at the Holy Family Church in St Joseph's Room, 226 Trelawney Avenue, Langley. SL3 7UD (opposite the Library) is open on the 1st & 3rd Tuesday of every month from 1.00 to 2.30pm. **In July we meet on 4th & 18th July.**

Slough & Langley Advice and Information

Santok Modhvadia our Multi Lingual Service Delivery Co-ordinator will be at GP Surgeries across Slough and Langley during July.

Contact Santok on 07543 243613 to find out date, times and venues.

Windsor

Information and Advice - by appointment only at All Saints Church Dedworth, Dedworth Road, Windsor SL4 4JW. Entrance and parking in Clewer Hill. Call Terrie to arrange an appointment.

ADS Membership Forms

Have you completed your ADS Membership Form?

We are updating our 'ADS', information held on our (CONFIDENTIAL) files and ask that you complete a **Membership form**, together with the **Media consent form**. This information is essential to ensure that we have full and up to date details for all of our growing membership and to guarantee that we are able to continue supporting you responsibly.

Please contact Terrie or Nancy for a form - Thank you.

● ALZHEIMER CAFE

What happens at an Alzheimer Cafe?

We welcome those who are affected by any type of dementia or memory loss, their families and friends and any others interested. After socialising there will be a presentation or interview on a dementia related theme. There will be an opportunity to meet and talk to health professionals and representatives from Alzheimers Dementia Support on an informal basis. Meet and exchange experiences and ideas with other carers. An information stand will be available. A fun place to come and socialise. Admission FREE. Refreshments provided.

Meeting on the 1st Wednesday of each month. 7.30-9.30pm

We meet at Age Concern Windsor, Spencer Denney Centre, Park Corner (by Sebastopol Public House) off Clewer Hill, Windsor SL4 4EB

Our next meeting will be on **Wednesday, 5th July**. This will be our Summer Social Party. Gary Millard aka 'ELVIS' will be entertaining us. Refreshments and a light buffet will be provided. We do hope you can join us!

● MOVES AND GROOVES

IN ASCOT AND WINDSOR!

For people with dementia and their carers. Our tea dance afternoon is an enjoyable fun social event where people can participate as much as they like. Denise from 'Learn to Dance' will encourage those who wish to dance and she will take to the dance floor and show us some of her moves. Refreshments will be provided. No need to book - just turn up!

Ascot Moves and Grooves takes place on the 3rd Thursday of each month from 2pm to 4pm. Our next session will take place on **Thursday, 20th July** at King Edwards Hall, King Edwards Road, Ascot SL5 8PD. There is ample parking. Information and advice is also available during the afternoon.

Windsor Moves and Grooves takes place on the 4th Thursday of each month from 2pm to 4pm

Our next session takes place on **Thursday 27th July**.

at Gardeners Hall Community Centre, 213 St Leonards Road, Windsor SL4 3DR.

There is ample parking.

Information and Advice available during the afternoon.

● SINGING FOR PLEASURE

This is a social get together for people with dementia accompanied by their carers. Refreshments are available. This is a fun interactive activity and a good singing voice is not required.

Langley Sessions are each Monday afternoon. (excluding bank holidays).

Refreshments from 1pm and singing starts at 1.30pm to 2.30pm.

We meet at Holy Family RC Church in the St Joseph's room, 226 Trelawney Avenue, Langley SL3 7UD (opposite the Library)

In July we will meet on 3rd, 10th, 17th, 24th & 31st July.

Windsor Sessions are each Tuesday afternoon.

Refreshments from 1pm and singing starts at 1.30pm to 2.30pm.

We meet at All Saints Church Dedworth, Dedworth Road, Windsor SL4 4JW.

In July we will meet on 4th, 11th, 18th & 25th July.

NEW LOCATION ON FRIDAYS

Please note our Singing for Pleasure on Fridays have moved to Ascot!!!

Ascot Sessions are each Friday morning. Refreshments from 10.30am and singing starts at 11.00am to 12 noon. We meet at King Edwards Hall, King Edwards Road, Ascot SL5 8PD

In July we will meet on 7th, 14th, 21st & 28th July from 11.00am to 1.00pm.

● AAP KI SEHAT SANGEET KE SANG

(Your Wellbeing Through Music)

Age Concern, Slough & Berkshire East, 102-110 High Street, Slough.

SL1 1HL (Lift to 2nd Floor). A new service for Asian people with Dementia and their Carer's. Can help improve your mood and wellbeing through stimulation and gentle exercise. Refreshments are available.

We will meet on 5th & 12th & 19th July from 11am to 1pm.

● WARZISH TAAL KE SAATH

(Moves To Melody)

Age Concern, Slough & Berkshire East, 102-110 High Street, Slough.

SL1 1HL (Lift to 2nd Floor). For Asian people with Dementia and their carer's. Come and join us for a fun activity to promote your health and wellbeing. Refreshments available.

We will next meet on Wednesday 26th July from 11.00am to 1.00pm

If you require any support, information or guidance please contact Santok on 07543 243613. [For further information contact Yasmeen on 07543 243](mailto:Yasmeen@alzheimersdementiasupport.co.uk)

● LUNCH CLUBS

Our Lunches are an enjoyable social event in a relaxed safe environment.

Former Carers Lunch

Toby Carvery, Stafferton Lodge, Braywick Road, Maidenhead SL6 1BN

Our next lunch will be on **Wednesday 5th July** ~~4th February~~ **at 12.30pm.**

We ask for a voluntary donation of £10.00 per person.

Please call Terrie or Nancy to book your lunch.

Maidenhead Lunch

Our next lunch will take place on **Monday 10th July from 12.15pm**

High Street Methodist Church, King Street, Maidenhead. SL6 1EF.

Top of Maidenhead High Street.

We ask for a voluntary donation of £4.00

Please contact Terrie or Nancy to book your lunch

Mates with Plates and Ladies that Lunch

A monthly men only lunch club giving the opportunity to chat about male type pursuits while their carers are being hosted in another part of the venue for them to have a brief period of respite with the Ladies that Lunch. Held on the 3rd Wednesday of every month 12.30pm at the Toby Carvery, Stafferton Lodge, Braywick Road, Maidenhead. [There is a waiting list for this service a present](#) Our next lunch will take place on **Wednesday 19th July**. We ask for a voluntary donation of £10.00.—[Contact Terrie for further information](#)

All our lunches are to be booked in advanced. Please contact Terrie or Nancy to book your lunch.

● OUT AND ABOUT SERVICE

Our aim is to provide stimulating and fun days out, with a light lunch, for mobile people with early stage dementia. In doing so, we hope we can also provide a welcome break for their carers. Out and About meet each **Tuesday in Maidenhead** and every other **Thursday in Windsor**.

Alzheimers Dementia Support heavily subsidises this service. We are grateful to all those who fundraise for us.

The contribution towards each day out is £20.00 which covers all refreshments, lunch, travel and admission charges.

The service will be supported by a team of volunteers, led by Sandra Williams, our Out and About Co-ordinator.

If you are interested in taking part, or would just like some more information **Please contact Sandra on 07593 661848 or speak to one of our Advisors.**

● FORTHCOMING EVENTS

Bracknell Lodge would like to invite you to a Fish & Chip Supper with a Croon through the decades 1920's – 1960's on Saturday 8th July at 5.30pm. Please note new date

Wokingham Masonic Hall, 7 Reading Road, Wokingham RG41 1EG
Please contact Peter on 01628 630119 or 0755 720 8414. Or Sandy on 07844 055419

Langley Drop-In Tuesday 18th July – 1pm

Fallsfree4life will be giving a talk about their falls prevention service.

This falls prevention service is for residents (over '60 years) in Slough. It is funded by slough CCG and Slough council.

They are providing free falls risk assessment to clients in their home or GP surgery and also provide 12 weeks strength and balance classes in different community centre.

3 Day Week-end Break at Sinah Warren – Hayling Island

For Carers, their loved ones and Former Carers

18th August – 21st August, 2017

Includes coach transport leaving from Stafferton Lodge in Maidenhead to Sinah Warren, accommodation, breakfast and evening meal + entertainment and activities included.

Twin and double rooms available

(There is a waiting list) Please contact Terrie on 07516 165647 for further information.

Holiday Dates for 2018 will be in next month's newsletter

Edwardian Afternoon Tea Cruise

Join us for a three hour cruise departing at 1.30pm on Wednesday 13th September from Maidenhead Riverside Gardens. Aboard the Southern Comfort Boat you will served a delicious afternoon tea and entertained by singer Julia George

For carers and people with dementia. Numbers are limited. Please contact Terrie to book your place

IMPORTANT NUMBERS

If you live with the Royal Borough of Windsor & Maidenhead the Adult Care Advice & Information Team can be contacted on 01628 683744.

If you live within Slough Borough Council the Adult Care Service Access Team can be contacted on 01753 475111 & Press 1 for Social Services.

All Out of Hours access team can be contacted on 01344 786543



VOLUNTEERING & FUNDRAISING

DEMENTIA AWARENESS TRAINING

Thursday 13th July 7pm to 9pm

38 Queens Street, Maidenhead, SL61HZ

Cost: 'ADS' Members actively using a service: **£15pp** for non members or 'ADS' members not actively using a service: **£25pp**. For further information & to book your place please contact **Laura on 07871 390770**

Everyday First Aid Training

Wed 26th July 10 - 12pm

Cox Green Community Centre, 51 Highfield Lane, Maidenhead SL6 3AX (free car park)

Topics covered: Burns, Bleeding, Choking, Strokes, Unresponsive/breathing & Diabetes or Swallowing something harmful. Join us for refreshments from 9:45am. We ask for a voluntary donation of £3. Places limited.

To book your place please call Laura on 07871 390770

FUNDRAISING

Many thanks to everyone who bought / sold tickets for our Grand Draw on 14th June your support is really appreciated. All of the winners have now been notified.

'ADS' are pleased to announce that we are able to sell items on eBay on behalf of the charity. Should you have items you wish to donate for sale in this way please contact Sandy Ashton on 078840 55419 for further information or select Alzheimers Dementia Support 'ADS' as your chosen charity with the percentage of the sale you wish to donate when listing an item <https://goo.gl/3mEX3o>

Please call us if you can spare a few hours a week to help with the following volunteering roles:-

Be-frienders - for our carers. Training will be given.

Be-friender Drivers to get people to our services

General Fundraisers - We are open to any fundraising ideas or suggestions

Confident Singers - for our Singing for Pleasure services in Windsor, Maidenhead & Slough Urdu & Hindi speakers

Volunteers to help in our Charity Shop

Bric a Brac, tea sets, china & Carrier bags are required for our Shop

Volunteer drivers are occasionally needed to collect and deliver items to our charity shop and to our storage in Maidenhead please call Cathy or Jenni at the shop on 07707 531689

ADS CHARITY SHOP : 07707 531689

Donations Received: : The Inner Wheel Club of Bourne End & Cookham, Union of Catholic Mothers, Windsor Foundation, St Edwards & St Marks Churches, Windsor

CONTACT DETAILS

Terrie Hall – Senior Advisor - 07516 165647

terrie.hall@alzheimersdementiasupport.co.uk

Nancy Thorn – Service Delivery Advisor – 07516 165665

nancy.thorn@alzheimersdementiasupport.co.uk

Sandra Williams - Out & About Service Co-ordinator - 07593 661848

sandra.williams@alzheimersdementiasupport.co.uk

Santok Modhvadia - Multi Lingual Service Delivery Co-ordinator –

07543 243613 santok.modhvadia@alzheimersdementiasupport.co.uk

Santok.modhvadia@alzheimersdementiasupport.co.uk

Laura Weight – Training & Service Delivery Support – 07871 390770

Laura.weight@alzheimersdementiasupport.co.uk

Sandy Ashton - Fundraising - 07884 055419

sandy.ashton@alzheimersdementiasupport.co.uk

Nicky Connell – Admin & Events Co-ordinator – 07513 762900

nicola.connell@alzheimersdementiasupport.co.uk

Postal Address: Alzheimers Dementia Support,

Unit 113, 5 High Street, Maidenhead, Berks, SL6 1JN

Registered Charity Number: 1143867

ADS Charity Shop: 75 High Street, Maidenhead, Berks SL6 1JX

Tel: 07707 531689

Website Address: www.alzheimersdementiasupport.co.uk

Email: info@alzheimersdementiasupport.co.uk

Facebook: <https://www.facebook.com/AlzheimersDementiaSupport>

Twitter: @ADSlocalsupport

LinkedIn: <http://www.linkedin.com/company/alzheimers-dementia-support>

Dementia Awareness Training & Fundraising:

<http://alzheimersdementiasupport.eventbrite.co.uk>

To receive future copies of our newsletter please make sure you complete one of our Membership Forms available from our Advisors



Disclaimer *Alzheimers Dementia Support ('ADS') are supportive of our partner agencies and will, from time to time, pass on information related to our relevant field . We do not, however, promote or declare endorsement for any individual or organisation.

If you no longer wish to receive our monthly newsletter, please contact one of our Advisors.