

**WINDSOR, ASCOT,
MAIDENHEAD,
SLOUGH & LANGLEY**

Alheimers ●
Dementia ●
Support ●
Local support and guidance

**NEWSLETTER
MAY 2017**

Dear All,

“Hello Everyone,

This month and for your information I would like to advise you that I have recently instigated a full review of our senior management structure at 'ADS' to ensure that the Charity is fully prepared for the future and to guarantee that all of our services are available for you at all times, both now and in the years to come. Our dedicated team of staff and Volunteers continue to work tirelessly in support of our members and we want to give them and you the confidence of knowing that their hard work is appreciated and perhaps even encourage more Volunteers to join our ranks. We take our responsibilities very seriously and part of this process is to honour our commitments to continually assess the ability of 'ADS' to provide sustainability going forward whilst adhering to the principles of Succession planning. We will of course continue to maintain our ethos of retaining low overheads whilst maximising our efficiency at all times. Be assured I will advise you of any changes resulting from this review in due course. Many thanks and have a great month and continue to enjoy those services which you feel are most suitable to you, best regards.”

David

David D Jannetta
Voluntary *Chairman & Managing Director*

Forthcoming Events

Pamper Morning – Maidenhead Monday 15th May

AGM – Windsor – Monday 17th May

Afternoon Tea – Wednesday 14th June, Burnham Cricket Club

Run for Team ADS - 9th July Virgin Sport Westminster British London 10k (Page 7)

Week-end Break at Hayling Island

NEWSLETTER MAY 2017

● DROP-IN CENTRES

Information, Advice & Support

Come in and have a tea or a coffee and a friendly chat. Advice and information is available on all aspects of dementia. Private one to one talks are also available.

Maidenhead

We meet **each Monday and Thursday excluding Bank Holidays.**

Our Drop-In's take place at:

High Street Methodist Church, King Street, Maidenhead. SL6 1EF.

Top of Maidenhead High Street.

Mondays 10am to 12.30pm

Thursdays 10am to 12 noon

Slough

The Drop-In Centre at the Kingsway United Reformed Church, Church Street, Slough SL1 1SZ is open on the 2nd & 4th Tuesday of each month from 10am to 12 noon. **In May we will meet on 9th and 23rd May.**

Langley

The Drop-In Centre at the Holy Family Church in St Joseph's Room, 226 Trelawney Avenue, Langley. SL3 7UD (opposite the Library) is open on the 1st & 3rd Tuesday of every month from 1.00 to 2.30pm. **In May we meet on 2nd & 16th May.**

Slough & Langley Advice and Information

Santok Modhvadia our Multi Lingual Service Delivery Co-ordinator will be at GP Surgeries across Slough and Langley during May.

Contact Santok on 07543 243613 to find out date, times and venues.

Windsor

Information and Advice - by appointment only at All Saints Church Dedworth, Dedworth Road, Windsor SL4 4JW. Entrance and parking in Clewer Hill. Call Terrie to arrange an appointment.

ADS Membership Forms

Have you completed your ADS Membership Form?

We are updating our 'ADS', information held on our (CONFIDENTIAL) files and ask that you complete a **Membership form**, together with the **Media consent form**. This information is essential to ensure that we have full and up to date details for all of our growing membership and to guarantee that we are able to continue supporting you responsibly.

Please contact Terrie or Nancy for a form - Thank you.

● ALZHEIMER CAFE

What happens at an Alzheimer Cafe?

We welcome those who are affected by any type of dementia or memory loss, their families and friends and any others interested. After socialising there will be a presentation or interview on a dementia related theme. There will be an opportunity to meet and talk to health professionals and representatives from Alzheimers Dementia Support on an informal basis. Meet and exchange experiences and ideas with other carers. An information stand will be available. A fun place to come and socialise. Admission FREE. Refreshments provided.

Meeting on the 1st Wednesday of each month. 7.30-9.30pm

We meet at Age Concern Windsor, Spencer Denney Centre, Park Corner (by Sebastopol Public House) off Clewer Hill, Windsor SL4 4EB

Our next meeting will be on Wednesday, 3rd May. This month our guest speakers will be Alison Mann & Mel Lewis from Berkshire Lowland Search & Rescue. Their rescue team search for high risk vulnerable missing people such as young people and those with dementia.

● MOVES AND GROOVES

IN ASCOT AND WINDSOR!

For people with dementia and their carers. Our tea dance afternoon is an enjoyable fun social event where people can participate as much as they like. Anthony & Denise from 'Learn to Dance' will encourage those who wish to dance and he will take to the dance floor and show us some of his moves. Refreshments will be provided. No need to book - just turn up!

Ascot Moves and Grooves takes place on the 3rd Thursday of each month from 2pm to 4pm. Our next session will take place on **Thursday, 18th May** at King Edwards Hall, King Edwards Road, Ascot SL5 8PD. There is ample parking. Information and advice is also available during the afternoon.

Windsor Moves and Grooves takes place on the 4th Thursday of each month from 2pm to 4pm

Our next session takes place on **Thursday 25th May.**

at Gardeners Hall Community Centre, 213 St Leonards Road, Windsor SL4 3DR.

There is ample parking.

Information and Advice available during the afternoon.

● SINGING FOR PLEASURE

This is a social get together for people with dementia accompanied by their carers. Refreshments are available. This is a fun interactive activity and a good singing voice is not required.

Langley Sessions are each Monday afternoon.

Refreshments from 1pm and singing starts at 1.30pm to 2.30pm.

We meet at Holy Family RC Church in the St Joseph's room, 226 Trelawney Avenue, Langley SL3 7UD (opposite the Library)

In May we will meet on 8th, 15th 22nd May.

Windsor Sessions are each Tuesday afternoon.

Refreshments from 1pm and singing starts at 1.30pm to 2.30pm.

We meet at All Saints Church Dedworth, Dedworth Road, Windsor SL4 4JW.

In May we will meet on 2nd, 9th, 16th & 23rd May.

Maidenhead Sessions are each Friday morning (Term time only).

Singing is from 10.30am to 11.30am. We meet at Boyn Grove Dementia Resource Centre, Courthouse Road, Maidenhead SL6 6JE.

In May we will meet on 5th, 12th, 19th & 26th May.

● AAP KI SEHAT SANGEET KE SANG

(Your Wellbeing Through Music)

Age Concern, Slough & Berkshire East, 102-110 High Street, Slough.

SL1 1HL (Lift to 2nd Floor). A new service for Asian people with Dementia and their Carer's. Can help improve your mood and wellbeing through stimulation and gentle exercise. Refreshments are available.

We will meet on 3rd, 10th & 17th & 24th May from 11am to 1pm.

● WARZISH TAAL KE SAATH

(Moves To Melody)

Age Concern, Slough & Berkshire East, 102-110 High Street, Slough.

SL1 1HL (Lift to 2nd Floor). For Asian people with Dementia and their carer's. Come and join us for a fun activity to promote your health and wellbeing. Refreshments available.

There will not be a meeting in April due to the Easter Holidays

We will next meet on Wednesday 31st May from 11.00am to 1.00pm

If you require any support, information or guidance please contact Santok on 07543 243613.

● LUNCH CLUBS

Our Lunches are an enjoyable social event in a relaxed safe environment.

Former Carers Lunch

Toby Carvery, Stafferton Lodge, Braywick Road, Maidenhead SL6 1BN

Our next lunch will be on **Wednesday, 3rd May at 12.30pm.**

We ask for a voluntary donation of £10.00 per person.

Please call Terrie or Nancy to book your lunch.

Maidenhead Lunch

Our next lunch will take place on Monday 8th May from 12.15pm

High Street Methodist Church, King Street, Maidenhead. SL6 1EF.

Top of Maidenhead High Street.

We ask for a voluntary donation of £4.00

Please contact Terrie or Nancy to book your lunch

Mates with Plates and Ladies that Lunch

A monthly men only lunch club giving the opportunity to chat about male type pursuits while their carers are being hosted in another part of the venue for them to have a brief period of respite with the Ladies that Lunch. Held on the 3rd Wednesday of every month 12.30pm at the Toby Carvery, Stafferton Lodge, Braywick Road, Maidenhead. Our next lunch will take place on Wednesday 17th May. We ask for a voluntary donation of £10.00.

Langley Lunch – Tuesday 30th May

Our next lunch in Langley will take place at the Toby Carvery,

399 London Road, Langley

SL3 8PS from 12.30pm We ask for a voluntary donation of £10.00

All our lunches are to be booked in advanced. Please contact Terrie or Nancy to book your lunch.

● OUT AND ABOUT SERVICE

Our aim is to provide stimulating and fun days out, with a light lunch, for mobile people with early stage dementia. In doing so, we hope we can also provide a welcome break for their carers. Out and About meet each **Tuesday in Maidenhead** and every other **Thursday in Windsor.**

Alzheimers Dementia Support heavily subsidises this service. We are grateful to all those who fundraise for us.

The contribution towards each day out is £20.00 which covers all refreshments, lunch, travel and admission charges.

The service will be supported by a team of volunteers, led by Sandra Williams, our Out and About Co-ordinator.

If you are interested in taking part, or would just like some more information **Please contact Sandra on 07593 661848 or speak to one of our Advisors.**

● FORTHCOMING EVENTS

Pamper Morning – Monday 15th May 10am to 1pm
 High Street Methodist Church, King Street, Maidenhead SL6 1EF
 Treatments available: Indian Head Massage, Reflexology, Reiki, Manicures
 We ask for a voluntary donation of £6.00 for 2 treatments
 To book your treatment contact Terrie

Alzheimers 
 Dementia 
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The Directors of
Alzheimers Dementia Support

cordially invite you to our AGM

on Wednesday, 17th May, 2017 from 7.00pm to 9.00pm
 at Age Concern, Windsor, Spencer Denney Centre, Park Corner (By Sebastopol
 Public House), Off Clewer Hill, Windsor SL4 4EN

Honoured guest Councillor Simon Dudley,
 Leader of the Royal Borough of Windsor and Maidenhead

RSVP: Nicola Connell 07513 762900
 nicolaconnell@alzheimersdementiasupport.co.uk
 Alzheimers Dementia Support, Unit 113, 5 High Street, Maidenhead, Berks SL6 1JN
 Charity No 1143867

Afternoon Tea with Jazz Music from Julia George

Wednesday, 14th June 2- 4pm

Burnham Cricket Club, Taplow Common Road, Burnham SL1 8LP

We ask for a voluntary donation of £10.00. Please contact Terrie or Nancy to book your place. Numbers are limited.

3 Day Week-end Break at Sinah Warren – Hayling Island

For Carers, their loved ones and Former Carers

18th August – 21st August, 2017

Includes coach transport leaving from Stafferton Lodge in Maidenhead to Sinah Warren, accommodation, breakfast and evening meal + entertainment and activities included.

Twin and double rooms available

(There is a waiting list) Please contact Terrie on 07516 165647 for further information.

Bracknell Lodge would like to invite you to a Fish & Chip Supper with a Croon through the decades 1920's – 1960's on Saturday 8th July at 5.30pm. Please note new date

Wokingham Masonic Hall, 7 Reading Road, Wokingham RG41 1EG

Please contact Peter on 01628 630119 or 0755 720 8414. Or Sandy on 07844 055419

● VOLUNTEERING & FUNDRAISING

FUNDRAISING

'ADS' are pleased to announce that we are able to sell items on eBay on behalf of the charity. Should you have items you wish to donate for sale in this way please contact Sandy Ashton on 078840 55419 for further information or select Alzheimers Dementia Support 'ADS' as your chosen charity with the percentage of the sale you wish to donate when listing an item <https://goo.gl/3mEX3o>

Raffle tickets for ADS Grand Raffle Draw on June 14th are now available. Many prizes to include £250.00 cash. Help with the sales of tickets would be greatly appreciated. Tickets are £1.00 each and are available at our ADS Charity Shop or from our Advisors.

RUN for 'TEAM ADS' - Virgin Sport Westminster British London 10k 9th July - We have 12 charity places for this iconic London road event and we'd be delighted to have you join up with Team ADS! For further details please visit <https://adslondon10k2017.eventbrite.co.uk> or contact Nicky on 0751 376 2900

Please call us if you can spare a few hours a week to help with the following volunteering roles:-

Be-frienders - for our carers. Training will be given.

Be-friender Drivers to get people to our services

General Fundraisers - We are open to any fundraising ideas or suggestions

Confident Singers - for our Singing for Pleasure services in Windsor, Maidenhead & Slough Urdu & Hindi speakers

Volunteers to help in our Charity Shop

Bric a Brac, tea sets, china & Carrier bags are required for our Shop

Volunteer drivers are occasionally needed to collect and deliver items to our charity shop and to our storage in Maidenhead please call Cathy or Jenni at the shop on 07707 531689

ADS CHARITY SHOP : 07707 531689

Donations Received: St Peters with St Marks Hospital Church,
In Memoriam: Alex Keen, Deviben Raja, Peter Wrennall,
 Anna Keohane, Victor Croxford

IMPORTANT NUMBERS

If you live with the Royal Borough of Windsor & Maidenhead the Adult Care Advice & Information Team can be contacted on 01628 683744.

If you live within Slough Borough Council the Adult Care Service Access Team can be contacted on 01753 475111 & Press 1 for Social Services.

All Out of Hours access team can be contacted on 01344 786543

CONTACT DETAILS

Terrie Hall – Senior Advisor - 07516 165647

terrie.hall@alzheimersdementiasupport.co.uk

Nancy Thorn – Service Delivery Advisor – 07516 165665

nancy.thorn@alzheimersdementiasupport.co.uk

Sandra Williams - Out & About Service Co-ordinator - 07593 661848

sandra.williams@alzheimersdementiasupport.co.uk

Santok Modhvadia - Multi Lingual Service Delivery Co-ordinator –

07543 243613 santok.modhvadia@alzheimersdementiasupport.co.uk

Santok.modhvadia@alzheimersdementiasupport.co.uk

Laura Weight – Training & Service Delivery Support – 07871 390770

Laura.weight@alzheimersdementiasupport.co.uk

Sandy Ashton - Fundraising - 07884 055419

sandy.ashton@alzheimersdementiasupport.co.uk

Nicky Connell – Co-Ordinator – 07513 762900

nicola.connell@alzheimersdementiasupport.co.uk

**Postal Address: Alzheimers Dementia Support,
 Unit 113, 5 High Street, Maidenhead, Berks, SL6 1JN**

Registered Charity Number: 1143867

ADS Charity Shop: 75 High Street, Maidenhead, Berks SL6 1JF

Tel: 07707 531689

Website Address: www.alzheimersdementiasupport.co.uk

Email: info@alzheimersdementiasupport.co.uk

Facebook: <https://www.facebook.com/AlzheimersDementiaSupport>

Twitter: @ADSlocalsupport

LinkedIn: <http://www.linkedin.com/company/alzheimers-dementia-support>

Dementia Awareness Training & Fundraising:

<http://alzheimersdementiasupport.eventbrite.co.uk>

To receive future copies of our newsletter please make sure you complete one of our Membership Forms available from our Advisors



Disclaimer *Alzheimers Dementia Support ('ADS') are supportive of our partner agencies and will, from time to time, pass on information related to our relevant field . We do not, however, promote or declare endorsement for any individual or organisation.

If you no longer wish to receive our monthly newsletter please contact one of our Advisors.