

**WINDSOR, ASCOT,
MAIDENHEAD,
SLOUGH & LANGLEY**

Alzheimers ●
Dementia ●
Support ●
Local support and guidance

**NEWSLETTER
APRIL 2017**

Dear All,

Hello Everyone,

Well here we are again it's the beginning of those long balmy sunny days of Summer again! I hope that you are planning on taking advantage of the better weather to join us and your fellow 'ADS' members to some of the many fun filled services we have organised for you.

This month, I would like to draw your attention to our 2017 Annual 'ADS' AGM which will take place on **Wednesday 17th May from 7pm - 9pm** at **Age Concern Windsor, Spencer Denney Centre, Park Corner (by Sebastopol Public House) Off Clewer Hill, Windsor SL4 4EB**, you are all encouraged to attend and your presence would be most welcome. This event will provide you with a great opportunity to hear about how we have managed the Charity over the past year and to hear about our plans for the year ahead. The Directors will also welcome any questions you may have regarding the work that we do, the rest of our great team will also be in attendance and we all look forward to seeing you there.

I hope you enjoy this months' Newsletter, find it interesting and that you continue to gain pleasure from your participation in our great services. As always, many thanks for your time, have a good month.

Very best wishes

David

David D Jannetta
Voluntary *Chairman & Managing Director*

Forthcoming Events

Datchet Theatre Players Company – Witness for the Prosecution
30th March – 1st April

Pamper Morning – Maidenhead Monday 15th May

Afternoon Tea – Wednesday 14th June, Burnham Cricket Club

Week-end Break at Hayling Island

● DROP-IN CENTRES

Information, Advice & Support

Come in and have a tea or a coffee and a friendly chat. Advice and information is available on all aspects of dementia. Private one to one talks are also available.

Maidenhead

Please **note new venue for our meetings each Monday and Thursday excluding Bank Holidays.** Our Drop-In's will now take place at:

High Street Methodist Church, King Street, Maidenhead. SL6 1EF.

Top of Maidenhead High Street.

Mondays 10am to 12.30pm

Thursdays 10am to 12 noon

Slough

The Drop-In Centre at the Kingsway United Reformed Church, Church Street, Slough SL1 1SZ is open on the 2nd & 4th Tuesday of each month from 10am to 12 noon. **In April we will meet on 11th and 25th April.**

Langley

The Drop-In Centre at the Holy Family Church in St Joseph's Room, Trelawney Avenue, Langley. SL3 7RE (opposite the Library) is open on the 1st & 3rd Tuesday of every month from 1.00 to 2.30pm. **In April we meet on 4th & 18th April.**

Slough & Langley Advice and Information

Santok Modhvadia our Multi Lingual Service Delivery Co-ordinator will be at GP Surgeries across Slough and Langley during April.

Contact Santok on 07543 243613 to find out date, times and venues.

Windsor

Information and Advice - by appointment only at All Saints Church Dedworth, Dedworth Road, Windsor SL4 4JW. Entrance and parking in Clewer Hill. Call Terrie to arrange an appointment.

ADS Membership Forms

Have you completed your ADS Membership Form?

We are updating our 'ADS', information held on our (CONFIDENTIAL) files and ask that you complete a **Membership form**, together with the **Media consent form**. This information is essential to ensure that we have full and up to date details for all of our growing membership and to guarantee that we are able to continue supporting you responsibly.

Please contact Terrie or Nancy for a form - Thank you.

● ALZHEIMER CAFE

What happens at an Alzheimer Cafe?

We welcome those who are affected by any type of dementia or memory loss, their families and friends and any others interested. After socialising there will be a presentation or interview on a dementia related theme. There will be an opportunity to meet and talk to health professionals and representatives from Alzheimers Dementia Support on an informal basis. Meet and exchange experiences and ideas with other carers. An information stand will be available. A fun place to come and socialise. Admission FREE. Refreshments provided.

Meeting on the 1st Wednesday of each month. 7.30-9.30pm

We meet at Age Concern Windsor, Spencer Denney Centre, Park Corner (by Sebastopol Public House) off Clewer Hill, Windsor SL4 4EB

Our next meeting will be on Wednesday, 5th April. This month our guest speaker will be Dr Umar Bedi, Consultant, Old Age Psychiatry. Dr Bedi will be talking about "Diagnosing Dementia – what it is and what it isn't and the future and anti dementia drugs.

● MOVES AND GROOVES

IN ASCOT AND WINDSOR!

For people with dementia and their carers. Our tea dance afternoon is an enjoyable fun social event where people can participate as much as they like. Anthony & Denise from 'Learn to Dance' will encourage those who wish to dance and he will take to the dance floor and show us some of his moves. Refreshments will be provided. No need to book - just turn up!

Ascot Moves and Grooves takes place on the 3rd Thursday of each month from 2pm to 4pm. Our next session will take place on **Thursday, 20th April** at King Edwards Hall, King Edwards Road, Ascot SL5 8PD. There is ample parking. Information and advice is also available during the afternoon.

Windsor Moves and Grooves takes place on the 4th Thursday of each month from 2pm to 4pm

Our next session takes place on **Thursday 27th April.**

at Gardeners Hall Community Centre, 213 St Leonards Road, Windsor SL4 3DR.

There is ample parking.

Information and Advice available during the afternoon.

● SINGING FOR PLEASURE

This is a social get together for people with dementia accompanied by their carers. Refreshments are available. This is a fun interactive activity and a good singing voice is not required.

Langley Sessions are each Monday afternoon.

Refreshments from 1pm and singing starts at 1.30pm to 2.30pm.

Please note our new venue:

Holy Family RC Church in the St Joseph's Room, Trelawney Avenue, Langley SL3 7RE. (opposite the Library).

In April we will meet on 3rd, 10th & 24th April.

Windsor Sessions are each Tuesday afternoon.

Refreshments from 1pm and singing starts at 1.30pm to 2.30pm.

We meet at All Saints Church Dedworth, Dedworth Road, Windsor SL4 4JW.

In April we will meet on 4th & 25th April.

Maidenhead Sessions are each Friday morning (Term time only).

Singing is from 10.30am to 11.30am. We meet at Boyn Grove Dementia Resource Centre, Courthouse Road, Maidenhead SL6 6JE.

In April we will meet on 7th & 28th April.

● AAP KI SEHAT SANGEET KE SANG

(Your Wellbeing Through Music)

Age Concern, Slough & Berkshire East, 102-110 High Street, Slough.

SL1 1HL (Lift to 2nd Floor). A new service for Asian people with Dementia and their Carer's. Can help improve your mood and wellbeing through stimulation and gentle exercise. Refreshments are available.

We will meet on 5th & 12th April from 11am to 1pm

● WARZISH TAAL KE SAATH

(Moves To Melody)

Age Concern, Slough & Berkshire East, 102-110 High Street, Slough.

SL1 1HL (Lift to 2nd Floor). For Asian people with Dementia and their carer's. Come and join us for a fun activity to promote your health and wellbeing. Refreshments available.

There will not be a meeting in April due to the Easter Holidays

We will next meet on Wednesday 24th May from 11.00am to 1.00pm

If you require any support, information or guidance please contact Santok on 07543 243613.

● LUNCH CLUBS

Our Lunches are an enjoyable social event in a relaxed safe environment.

Former Carers Lunch

Toby Carvery, Stafferton Lodge, Braywick Road, Maidenhead SL6 1BN

Our next lunch will be on **Wednesday, 5th April at 12.30pm.**

We ask for a voluntary donation of £10.00 per person.

Please call Terrie or Nancy to book your lunch.

Maidenhead Lunch

Our next lunch will take place on Monday 13th March from 12.15pm

High Street Methodist Church, King Street, Maidenhead. SL6 1EF.

Top of Maidenhead High Street.

We ask for a voluntary donation of £4.00

Please contact Terrie or Nancy to book your lunch

Mates with Plates and Ladies that Lunch

A monthly men only lunch club giving the opportunity to chat about male type pursuits while their carers are being hosted in another part of the venue for them to have a brief period of respite with the Ladies that Lunch. Held on the 3rd Wednesday of every month 12.30pm at the Toby Carvery, Stafferton Lodge, Braywick Road, Maidenhead. Our next lunch will take place on Wednesday 19th April. We ask for a voluntary donation of £10.00.

Langley Lunch – Tuesday 30th May

Our next lunch in Langley will take place at the Toby Carvery,

399 London Road, Langley

SL3 8PS from 12.30pm We ask for a voluntary donation of £10.00

All our lunches are to be booked in advanced. Please contact Terrie or Nancy to book your lunch.

● OUT AND ABOUT SERVICE

Our aim is to provide stimulating and fun days out, with a light lunch, for mobile people with early stage dementia. In doing so, we hope we can also provide a welcome break for their carers. Out and About meet each **Tuesday** in **Maidenhead** and every other **Thursday** in **Windsor**.

The cost per day is £15.00. The service will be supported by a team of volunteers, led by Sandra Williams, our Out and About Co-ordinator.

If you are interested in taking part, or would just like some more information

Please contact Sandra on 07593 661848 or speak to one of our Advisors.

● FORTHCOMING EVENTS

Bracknell Lodge would like to invite you to a Fish & Chip Supper with a Croon through the decades 1920's – 1960's on Saturday 29th April at 5.30pm. Wokingham Masonic Hall, 7 Reading Road, Wokingham RG41 1EG

Please contact Peter on 01628 630119 or 0755 720 8414.

Pamper Morning – Monday 15th May 10am to 1pm

High Street Methodist Church, King Street, Maidenhead SL6 1EF

Treatments available: Indian Head Massage, Reflexology, Reiki, Manicures. We ask for a voluntary donation of £6.00 for 2 treatments

To book your treatment contact Terrie

3 Day Week-end Break (There is a waiting list)

at Sinah Warren – Hayling Island For Carers, their loved ones and Former Carers, 18th August – 21st August, 2017

Includes coach transport leaving from Stafferton Lodge in Maidenhead to Sinah Warren, accommodation, breakfast and evening meal + entertainment and activities included. Twins and double rooms available Please contact Terrie on 07516 165647 for further information.

Afternoon Tea with Jazz Music with Julia George

Wednesday, 14th June 2- 4pm, Burnham Cricket Club, Taplow Common Road, Burnham SL1 8LP

We ask for a voluntary donation of £10.00.

Please contact Terrie or Nancy to book your place. Numbers are limited.

ATTENDANCE ALLOWANCE

If you are over **65** and need help looking after yourself because of an illness or a disability you may be entitled to **Attendance Allowance**. This is a non means tested benefit and receiving it will not affect any other benefits you claim. You can download a form on the GOV UK website or to get a claim form by calling **0345 605 6055**

There are two weekly rates, depending on the level of help you need. **£55.10** if you need frequent help or constant supervision during the day or supervision at night and **£82.30** if you need help or supervision throughout both day and night, or you're terminally ill. If you require any assistance in completing this form please contact Terrie or Nancy

IMPORTANT NUMBERS

If you live with the Royal Borough of Windsor & Maidenhead the Adult Care Advice & Information Team can be contacted on 01628 683744.

If you live within Slough Borough Council the Adult Care Service Access Team can be contacted on 01753 475111 & Press 1 for Social Services.

All Out of Hours access team can be contacted on 01344 786543



FUNDRAISING & FUNDRAISING

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'ADS' are pleased to announce that we are able to sell items on eBay on behalf of the Charity. Should you have items you wish to donate for sale in this way please contact Sandy Ashton on 078840 55419 for further information.

Raffle tickets for ADS Grand Raffle Draw on June 14th are now available. Many prizes to include £250.00 cash. Help with the sales of tickets would be greatly appreciated. Tickets are £1.00 each and are available at our ADS Charity Shop or from our Advisors.

A huge Thank You to Liz Hatch & Valerie Bambale for their fantastic FUNdraising and training efforts by taking on the 19th March Reading Half Marathon. We are very grateful of ALL support given to help us support local People with Dementia & their Carers in our community. If you are taking up a challenge or holding your own event in aid of Alzheimers Dementia Support 'ADS please let us know so we can support your efforts and use our FUNdraising resources at www.alzheimersdementiasupport.co.uk/fundraising/

RUN for 'TEAM ADS' - Virgin Sport Westminster British London 10k 9th July - We have 12 charity places for this iconic London road event and we'd be delighted to have you join up with Team ADS! For further details please visit <https://adslondon10k2017.eventbrite.co.uk> or contact Nicky on 0751 376 2900

The Datchet Players Theatre Company

'Witness for the Prosecution' a play by Agatha Christie, Datchet Village Hall, Allen Way Datchet. SL3 9HR

Thursday 30th & Friday 31st March & Saturday 1st April. Tickets £8.00 each

ALL PROCEEDS RAISED GO TO ALZHEIMER DEMENTIA SUPPORT

Contact Terrie for individual tickets or

Margaret Bacon on 01753 861074 for blocks of tickets

Please call us if you can spare a few hours a week to help with the following volunteering roles:-

Be-frienders - for our carers. Training will be given.

Be-friender Drivers to get people to our services

General Fundraisers - We are open to any fundraising ideas or suggestions

Confident Singers - for our Singing for Pleasure services in Windsor, Maidenhead & Slough Urdu & Hindi speakers

Volunteers to help in our Charity Shop

Bric a Brac, tea sets, china & Carrier bags are required for our Shop

Volunteer drivers are occasionally needed to collect and deliver items to our charity shop and to our storage in Maidenhead please call Cathy or Jenni at the shop on 07707 531689

ADS CHARITY SHOP : 07707 531689

Donations Received: Bucks Symphonic Wind Ensemble, Mr Doling, Joyce Glover, Wokingham Dementia Carers Group, Waitrose Community Matters.

In Memoriam: Agnes Heywood, Rose Stone

www.alzheimersdementiasupport.co.uk www.alzheimersdementiasupport.co.uk www.alzheimersdementiasupport.co.uk

CONTACT DETAILS

Terrie Hall – Senior Advisor - 07516 165647

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Nancy Thorn – Service Delivery Advisor – 07516 165665

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Sandra Williams - Out & About Service Co-ordinator - 07593 661848

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Santok Modhvadia - Multi Lingual Service Delivery Co-ordinator –
07543 243613

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Laura Weight – Training & Service Delivery Support – 07871 390770

Laura.weight@alzheimersdementiasupport.co.uk

Sandy Ashton - Fundraising - 07884 055419

sandy.ashton@btinternet.com

Nicky Connell – Admin & Event Co-Ordinator – 07513 762900

nicolaconnell@alzheimersdementiasupport.co.uk

**Postal Address: Alzheimers Dementia Support,
 Unit 113, 5 High Street, Maidenhead, Berks, SL6 1JN
 Registered Charity Number: 1143867**

**ADS Charity Shop: 75 High Street, Maidenhead, Berks SL6 1JF
 Tel: 07707 531689**

Website Address: www.alzheimersdementiasupport.co.uk

Email: info@alzheimersdementiasupport.co.uk

Facebook: <https://www.facebook.com/AlzheimersDementiaSupport>

Twitter: @ADSlocalsupport

LinkedIn: <http://www.linkedin.com/company/alzheimers-dementia-support>

Dementia Awareness Training & Fundraising:

<http://alzheimersdementiasupport.eventbrite.co.uk>

To receive future copies of our newsletter please
 make sure you complete one of our Membership
 Forms available from our Advisors



Disclaimer *Alzheimers Dementia Support ('ADS') are supportive of our partner agencies and will, from time to time, pass on information related to our relevant field . We do not, however, promote or declare endorsement for any individual or organisation.

If you no longer wish to receive our monthly newsletter please contact one of our Advisors.