

WINDSOR, ASCOT, MAIDENHEAD, SLOUGH & LANGLEY

NEWSLETTER FEBRUARY 2017

Dear All,

Hello Everyone, I hope that despite the winter's longer and colder days, you are continuing to share-in and enjoy the wide and varied range of services which you have available to you as a member of 'ADS'.

This month, you'll notice that you have been supplied with two copies of our Newsletter – the reason for this is that I hope you will pass-on the second copy to anyone you know whom you feel may also benefit from membership of 'ADS'. In doing so, you will assist us to 'spread awareness' of 'ADS' and our many valuable services to the growing numbers of local people in need of our support – thank you!

In addition, you have been supplied with a copy of our 'ADS' membership application form – if you have not already done so, I would appreciate you completing and returning this form to us – be assured that all information provided will be maintained in our 'ADS' secure files, in the strictest confidence. Why do we need membership forms to be completed? We have a responsibility to maintain up-dated records related to all of our members and also so that we can react quickly and appropriately to any/ all situations which may arise.

I hope you enjoy reading this months' Newsletter and that you continue to gain pleasure from your participation in our services.
Many thanks and best regards

David

David D Jannetta

Voluntary Chairman & Managing Director

Alzheimers 
Dementia 
Support 

Local support and guidance

IMPORTANT NOTICES

Our Maidenhead Drop-In's on a Monday and Thursday will now take place at High Street Methodist Church, top of Maidenhead High Street – see page 2

Forthcoming Events

Week-end Breaks at Haying Island – 18th August

Afternoon Tea – Wednesday 14th June, Burnham Cricket Club

● DROP-IN CENTRES

Information, Advice & Support

Come in and have a tea or a coffee and a friendly chat. Advice and information is available on all aspects of dementia. Private one to one talks are also available.

Maidenhead

Please **note new venue for our meetings each Monday and Thursday excluding Bank Holidays.** Our Drop-In's will now take place at:

High Street Methodist Church, King Street, Maidenhead. SL6 1EF.

Top of Maidenhead High Street.

Mondays 10am to 12.30pm

Thursdays 10am to 12 noon

Slough

The Drop-In Centre at the Kingsway United Reformed Church, Church Street, Slough SL1 1SZ is open on the 2nd & 4th Tuesday of each month from 10am to 12 noon. **In February we will meet on 14th and 28th February.**

Langley

The Drop-In Centre at the Holy Family Church in St Joseph's Room, Trelawney Avenue, Langley. SL3 7RE (opposite the Library) is open on the 1st & 3rd Tuesday of every month from 1.00 to 2.30pm. **In January we meet on 7th & 21st February.**

Slough & Langley Advice and Information

Santok Modhvadia our Multi Lingual Service Delivery Co-ordinator will be at GP Surgeries across Slough and Langley during **February**.

Contact Santok on 07543 243613 to find out date, times and venues.

Windsor

Information and Advice - by appointment only at All Saints Church Dedworth, Dedworth Road, Windsor SL4 4JW. Entrance and parking in Clewer Hill. Call Terrie to arrange an appointment.

ADS Membership Forms

Have you completed your ADS Membership Form?

We are updating our 'ADS', information held on our (CONFIDENTIAL) files and ask that you complete a **Membership form**, together with the **Media consent form**. This information is essential to ensure that we have full and up to date details for all of our growing membership and to guarantee that we are able to continue supporting you responsibly.

Please contact Terrie or Nancy for a form - Thank you.

● ALZHEIMER CAFE

What happens at an Alzheimer Cafe?

We welcome those who are affected by any type of dementia or memory loss, their families and friends and any others interested. After socialising there will be a presentation or interview on a dementia related theme. There will be an opportunity to meet and talk to health professionals and representatives from Alzheimers Dementia Support on an informal basis. Meet and exchange experiences and ideas with other carers. An information stand will be available. A fun place to come and socialise. Admission FREE. Refreshments provided.

Meeting on the 1st Wednesday of each month. 7.30-9.30pm

We meet at Age Concern Windsor, Spencer Denny Centre, Park Corner (by Sebastopol Public House) off Clewer Hill, Windsor SL4 4EB

Our next meeting will be on Wednesday, 1st February. This month our guest speakers will be Michaela Helman, Telecare Specialist from the Royal Borough of Windsor & Maidenhead and Ann Constantine from Housing Solutions. They will be talking about assisted living aids in your own and how to access them. They will be demonstrating Footprint and Ownfone. Handouts will be available.

● MOVES AND GROOVES

IN ASCOT AND WINDSOR!

For people with dementia and their carers. Our tea dance afternoon is an enjoyable fun social event where people can participate as much as they like. Anthony & Denise from 'Learn to Dance' will encourage those who wish to dance and he will take to the dance floor and show us some of his moves. Refreshments will be provided. No need to book - just turn up!

Ascot Moves and Grooves takes place on the 3rd Thursday of each month from 2pm to 4pm. Our next session will take place on **Thursday, 16th February** at King Edwards Hall, King Edwards Road, Ascot SL5 8PD. There is ample parking. Information and advice is also available during the afternoon.

Windsor Moves and Grooves takes place on the 4th Thursday of each month from 2pm to 4pm

Our next session takes place on **Thursday 23rd February** at Gardeners Hall Community Centre, 213 St Leonards Road, Windsor SL4 3DR.

There is ample parking.

Information and Advice available during the afternoon.

● SINGING FOR PLEASURE

This is a social get together for people with dementia accompanied by their carers. Refreshments are available. This is a fun interactive activity and a good singing voice is not required.

Langley Sessions are each Monday afternoon (Term time only). Refreshments from 1pm and singing starts at 1.30pm to 2.30pm.

Please note our new venue:

Holy Family RC Church in the St Joseph's Room, Trelawney Avenue, Langley SL3 7RE. (opposite the Library).

In February we will meet on 6th, 13th & 27th February. We will not meet on the 20th February.

Windsor Sessions are each Tuesday afternoon (Term time only) Refreshments from 1pm and singing starts at 1.30pm to 2.30pm.

We meet at All Saints Church Dedworth, Dedworth Road, Windsor SL4 4JW.

In February we will meet on 7th, 14th & 28th February.

We will not be meeting on 21st February.

Maidenhead Sessions are each Friday morning (Term time only). Singing is from 10.30am to 11.30am. We meet at Boyn Grove Dementia Resource Centre, Courthouse Road, Maidenhead SL6 6JE.

In February we will meet on 3rd, 10th & 17th February. We will not be meeting on 24th February.

● AAP KI SEHAT SANGEET KE SANG

(Your Wellbeing Through Music)

Age Concern, Slough & Berkshire East, 102-110 High Street, Slough.

SL1 1HL (Lift to 2nd Floor). A new service for Asian people with Dementia and their Carer's. Can help improve your mood and wellbeing through stimulation and gentle exercise. Refreshments are available.

We will meet on 1st, 8th & 15th February from 11am to 1pm

● WARZISH TAAL KE SAATH

(Moves To Melody)

Age Concern, Slough & Berkshire East, 102-110 High Street, Slough.

SL1 1HL (Lift to 2nd Floor). For Asian people with Dementia and their carer's. Come and join us for a fun activity to promote your health and wellbeing.

We will next meet on Wednesday 22nd February from 11.00am to 1.00pm

Refreshments are available.

If you require any support, information or guidance please contact Santok on 07543 243613.

● LUNCH CLUBS

Our Lunches are an enjoyable social event in a relaxed safe environment.

Former Carers Lunch

Toby Carvery, Stafferton Lodge, Braywick Road, Maidenhead SL6 1BN

Our next lunch will be on **Wednesday, 1th February at 12.30pm.**

We ask for a voluntary donation of £10.00 per person.

Please call Terrie or Nancy to book your lunch.

Maidenhead Lunch

Our next lunch will take place on Monday 13th February from 12.15pm

High Street Methodist Church, King Street, Maidenhead. SL6 1EF.

Top of Maidenhead High Street.

We ask for a voluntary donation of £4.00

Please contact Terrie or Nancy to book your lunch

Mates with Plates and Ladies that Lunch

A monthly men only lunch club giving the opportunity to chat about male type pursuits while their carers are being hosted in another part of the venue for them to have a brief period of respite with the Ladies that Lunch. Held on the 3rd Wednesday of every month 12.30pm at the Toby Carvery, Stafferton Lodge, Braywick Road, Maidenhead. Our next lunch will take place on Wednesday 15th February. We ask for a voluntary donation of £10.00.

All our lunches are to be booked in advanced. Please contact Terrie or Nancy to book your lunch.

● OUT AND ABOUT SERVICE

Our aim is to provide stimulating and fun days out, with a light lunch, for mobile people with early stage dementia. In doing so, we hope we can also provide a welcome break for their carers. Out and About meet each **Tuesday** in **Maidenhead** and every other **Thursday** in **Windsor**.

The cost per day is £15.00. The service will be supported by a team of volunteers, led by Sandra Williams, our Out and About Co-ordinator.

If you are interested in taking part, or would just like some more information

Please contact Sandra on 07593 661848 or speak to one of our Advisors.

Sandra would like to build up a collection of small handling items for reminiscence. Do you have any items which will evoke memories, such as a fire iron or a glass jelly mould. Please contact Sandra.

● FORTHCOMING EVENTS

3 Day Week-end Break

at Sinah Warren – Hayling Island

For Carers, their loved ones and Former Carers

18th August – 21st August, 2017

Includes coach transport leaving from Stafferton Lodge in Maidenhead to Sinah Warren, accommodation, breakfast and evening meal + entertainment and activities included.

Twins and double rooms available

Please contact Terrie on 07516 165647 for further information.

ATTENDANCE ALLOWANCE

If you are over **65** and need help looking after yourself because of an illness or a disability you may be entitled to **Attendance Allowance**. This is a non means tested benefit and receiving it will not affect any other benefits you claim.

You can download a form on the GOV UK website or to get a claim form by calling **0345 605 6055**

There are two weekly rates, depending on the level of help you need. **£55.10** if you need frequent help or constant supervision during the day or supervision at night and **£82.30** if you need help or supervision throughout both day and night, or you're terminally ill. If you require any assistance in completing this form please contact Terrie or Nancy

IMPORTANT NUMBERS

If you live with the Royal Borough of Windsor & Maidenhead the Adult Care Advice & Information Team can be contacted on 01628 683744.

If you live within Slough Borough Council the Adult Care Service Access Team can be contacted on 01753 475111 & Press 1 for Social Services.

All Out of Hours access team can be contacted on 01344 786543

● VOLUNTEERING & FUNDRAISING

FUNDRAISING

'ADS' are pleased to announce that we are able to sell items on eBAY on behalf of the Charity. Should you have items you wish to donate for sale in this way please contact Sandy Ashton on 078840 55419 for further information.

The Datchet Players Theatre Company

'Witness for the Prosecution' a play by Agatha Christie
Datchet Village Hall, Allen Way Datchet. SL3 9HR
Thursday 30th & Friday 31st March & Saturday 1st April
Tickets £8.00 each

ALL PROCEEDS RAISED GO TO ALZHEIMER DEMENTIA SUPPORT

Contact Terrie for individual tickets or
Margaret Bacon on 01753 861074 for blocks of tickets

Please call us if you can spare a few hours a week to help with the following volunteering roles:-

Be-frienders - for our carers. Training will be given.

Be-friender Drivers to get people to our services

General Fundraisers - We are open to any fundraising ideas or suggestions

Confident Singers - for our Singing for Pleasure services in Windsor, Maidenhead & Slough

Urdu & Hindi speakers

Volunteers to help in our Charity Shop

Bric a Brac, tea sets, china & Carrier bags are required for our Shop

ADS CHARITY SHOP : 07707 531689

Donations Received: Datchet United Charities, Louise Greer, Burdett, Givecar, Jean Mexter, Arthur Stevens Charitable Trust, Baylis Media Cracker Appeal, Joyce Hedges-Ford,

In Memoriam: Andy Blackwell

CONTACT DETAILS

Terrie Hall – Senior Advisor - 07516 165647

terrie.hall@alzheimersdementiasupport.co.uk

Nancy Thorn – Service Delivery Advisor – 07516 165665

nancy.thorn@alzheimersdementiasupport.co.uk

Sandra Williams - Out & About Service Co-ordinator - 07593 661848

sandra.williams@alzheimersdementiasupport.co.uk

Santok Modhvadia - Multi Lingual Service Delivery Co-ordinator –
07543 243613

Santok.modhvadia@alzheimersdementiasupport.co.uk

Laura Weight – Training & Service Delivery Support – 07871 390770

Laura.weight@alzheimersdementiasupport.co.uk

Sandy Ashton - Fundraising - 07884 055419

sandy.ashton@btinternet.com

Nicky Connell – Admin & Event Co-Ordinator – 07513 762900

nicolaconnell@alzheimersdementiasupport.co.uk

**Postal Address: Alzheimers Dementia Support,
Unit 113, 5 High Street, Maidenhead, Berks, SL6 1JN**
Registered Charity Number: 1143867

ADS Charity Shop: 75 High Street, Maidenhead, Berks SL6 1JF
Tel: 07707 531689

Website Address: www.alzheimersdementiasupport.co.uk

Email: info@alzheimersdementiasupport.co.uk

Facebook: <https://www.facebook.com/AlzheimersDementiaSupport>

Twitter: @ADSlocalsupport

LinkedIn: <http://www.linkedin.com/company/alzheimers-dementia-support>

Dementia Awareness Training & Fundraising:

<http://alzheimersdementiasupport.eventbrite.co.uk>

To receive future copies of our newsletter please
make sure you complete one of our Membership
Forms available from our Advisors



Disclaimer *Alzheimers Dementia Support ('ADS') are supportive of our partner agencies and will, from time to time, pass on information related to our relevant field . We do not, however, promote or declare endorsement for any individual or organisation.

If you no longer wish to receive our monthly newsletter please contact one of our Advisors.